

Mitchell Technical College

Current COVID-19 Procedures & Protocols

Updated Friday, August 12, 2022

Masks and at-home COVID-19 test kits are available free of charge:

- Center for Student Success
- Vice President for Operations and Human Resources

If you test positive for COVID-19:

- Stay home for five days from start of symptoms or testing positive.
- After Day 5, if you are fever free for 24 hours and symptoms are improving you can leave your home, but you will need to wear mask for another five days when around people.
- If you have access to antigen tests – which you currently do – you should test on Day 6.
 - If you test positive on Day 6, you should test daily until you have a negative test.
 - If you test negative on Day 6, you should test again on Day 8 because you can now remove your mask after two sequential negative tests 48 hours apart.
 - To summarize, after a negative test, you should test 48 hours later to determine if you need to continue wearing a mask.
 - New guidance from CDC means you may be able to remove your mask after Day 8, but also may need to wear a mask longer than ten days.

If you are a Close Contact for COVID-19:

- You do not need to stay home, but you will need to wear a mask for ten days when around other people.
- Watch for symptoms. If you develop symptoms, isolate immediately and get tested.
- Test on Day 6 even if you don't have symptoms.
 - If you test positive, isolate immediately and follow the procedures for testing positive for COVID-19.
 - If you test negative, continue to wear a mask and watch for symptoms through Day 10.

Additional COVID-19 information:

- The start of symptoms, date of positive test, last date of close contact is Day 0. Your first full day of symptoms, the day after testing positive, or day after your last date of close contact is Day 1.
- The definition of a Close Contact is someone who was less than 6 feet away from an infected person for a total of 15 minutes or more over a 24-hour period.
- There is a CDC website to assist in determining dates to stay at home, leave home, test, wear mask, etc.
 - <https://www.cdc.gov/coronavirus/2019-ncov/your-health/quarantine-isolation.html#>