

TECH TREK

January 17, 2019

Mitchell Technical Institute

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MTI Announces Fall 2018 President's List

A total of 347 students at Mitchell Technical Institute have been placed on the Fall Semester 2018 President's List, according to MTI President Mark Wilson. Students must earn a term GPA of at least 3.5 on a 4.0 scale and complete at least 12 hours of academic work during the semester.

Included on the Fall 2018 President's List, by last name, are:

A

Tevin Abeln; Grant Aberle; Emily Abraham; Cheyenne Adams; Christopher Allbee; Jacob Anderson; Trajan Anderson; Nicholas Andresen; Jordan Andrews; Austin Antonides; Alex Asmus; Adam Austin

B

Seth Bares; Nathan Barger; Connor Bartz; Chandler Baumgart; Joseph Beaner; Nicholas Beck; Meridith Beeber; Jason Bell; Grady Bellingtier; Joshua Bernard; Riley Berndt; Jill Bertus; Callie Bezpaletz; Ivy Blakey; Elisabeth Blom; Steven Boeckel; Aislynn Bortnem; Jessica Bowar; Connor Brockhaus; Kylee Brooks; Alan Brott; Braeden Bruning; Braidyn Buchholz; Heath Bullington; Grace Bultsma; Rachal Byrd

C

Isaac Carlin; Karisa Carmichael; Taylor Carpentier; Adellia Castillo; Benjamin Cavigielli; Jessica Chafin; Brandon Chayka; Joshua Cimpl; Jacob Clark; Austin Clarke; Dillon Collins; Jacob Courtad; Bradley Cranny; Kellan Culbert

D

Logan Dalton; Destenie DeBoer; Jessica DeJong; Oakley Denne; Savanna Deutscher; Tate Dewey; Chandler Diede; Samantha Doyle; Elisabeth Duffy; Mersadie Dvorak

E

Kyle Ebdrup; Tyler Eichmann; Aaron Elijah; Amber Erickson; Estefani Estrada

F

Jasmine Feldhaus; Kendra Finnesand; Jacob Fischer; Katrina Fish; Taylor Fitch; Chelsea Foos; Dustin Frank; Justin Frank; Nile Frasier; Dillon Freeman; Angelique Frost; Dean Fuerstenberg

G

Grace Garrels; Kendall Gassman; Keith Gehl; James Gengler; Cole Gerlach; Daewood Gerlach; Elijah Gerry; Blaine Grage; Justus Gregg; Lucas Griebel; Tanner Griebel; Carolyn Groves; Jaxon Guenther; Cecil Gylfe

TECH TREK is a bi-weekly publication put out by the Marketing Office. Distributed on alternate Thursdays during the school year, deadline for submission of articles is the Wednesday before publication at 10:00 AM. Articles may be emailed to julie.brookbank@mitchelltech.edu. Let us know how we can serve you!

H

Timothy Haas; Caleb Hageman; Branden Hamann; Joshua Hanson; Andrew Hardina; Jack Hasche; Matthew Haun; Wyatt Haux; Tucker Hawley; Wiley Heath; Brayden Hellwig; Brett Hellwig; Luke Hemen; Suzanne Hermon; Noah Hermsen; Bryce Herrboldt; Colton Herrick; Samantha Herrold; Jordon Heyd;

Matiah Hicks; Ridge Higgins; Shelby Hiller; Taylor Hogg; Jaycee Hohn; Jonah Honomichl; Tyler Horn; Myles Horton; Dominic Howard; Jordan Hurt; Breanna Hutcheson

J

Stephen Jackson; Nathan Jahnig; Samuel Jansen; William Jarecke; Adam Johnson; Brianna Johnson; Hanna Johnson; Hunter Johnson; Marshall Johnson; Morgan Johnson; Danielle Johnston; Peyton Jondahl

K

Jacob Kahler; Christa Kahnke; Alex Kaiser; Shelbi Karr; Matthew Kayser; Carson Keller; Courtney Keller; Raymond Ketelsen; Alexander Ketter; Tayia Kierstead; Erin Kindle; Seth Kirsch; Alexandria Kissner; Mike Klein; Carter Kline; Blake Klinkhammer; Tyler Knutson; Regina Kocher; Cadan Koerlin; Ellie Koerner; Brianna Koster; Wyatt Kostrzewski; Kiana Kraft; Alexander Kraus; Tyler Krueger; Remington Kuehl; Thomas Kulm; Dalton Kummer; Jordan Kunkel; Dylan Kuyper

L

Frederick Lapka; Trevor Larsen; Wyatt Larsen; Koby Larson; Jasmine LaValley; Kaitlyn Lee; Rebecca Lehmann; Nicholas Leighton; Devin Letsche; Terry Letsche; Clay Lindskov; Myles Lineberry; Rease Logan; Jesse Lohan; McClain Lone; Dallas Loneman; Gabriel Long; Taylor Luikens; Brittany Luitjens; Bryce Lux

M

Luke Masters; Hannah Mattis; Santanya Matucha; Cherokee McAlpine; Hunter McDonald; Quentin McKinney; Casey McMillan; Peyton McWethy; Lane Meeks; Kaylee Mehlum; Denae Melland; Brandi Meyer; Dylan Mohnen; Austin Moore; Trevin Mowery; Colt Moyer; Michael Moyer; Dijana Muilenburg; Devon Munsen; Andrew Murphy; Tamra Musick; Kendra Myers

N

Hunter Neiber; Brady Nelson; Peyton Nelson; Ethan Ness; Krystal Nguyen; Skyler Niemann; Chase Nincehelsner; Bobbie Nolz; Lauren Norrid

O

Preston Ochsner; Oyeyinka Oloyede; Dayna Opsahl; Micah Osterloo; Mason Ottoson; Darissa Overweg; Joshua Owens

P

Luke Palmquist; Chase Palo; Clay Paulson; Janice Paulson; Allyson Pavel; Traci Payer; Clara Pazour; Matthew Pearson; Thomas Peitz; Alix Peterka; Chase Peterson; Caleb Phillips; Travis Pollreis; Jolene Post; Tanner Pulscher; Christopher Punt

R

Cara Rabenhorst; Jayden Reiman; Cameron Richter; Derek Ridgway; Logan Rietveld; Elizabeth Rikken; Sydney Riggs; Jairo Rivera-Sanchez; Dustin Robbenolt; Luke Rolffs; Miles Rolle; Cole Rooda; Ethan Roth; Jordan Roth; Curt Rueckert-Laverty; Trevor Ryan

S

Jessica Sandau; Jeremiah Sanders; Alex Schaeffer; Craig Schaeffer; Allen Schaller; Brian Schamber; Beth Ann Scharber; Noah Schenkel; Koby Schild; Kaci Schimke; Tia Schmidt; Brianna Schock; Landon Schoenefeld; Alex Schoenenberger; Tylor Schoenfelder; Chandler Schopp; Gayge Schopp; Trevor Schryvers; Spencer Schultz; Samantha Schumacher; Jordyn Schwartz; Thomas Semmler; Daniel Shaw; Thomas Shaw; Charmayne Sherrard; Jordan Shippy; Kyle Simmons; Noleen Skillingstad; Paige Smith; Tai Sokoloski; Brody Sombke; Ty Sparks; Logan Spelbring; Abigail Squier; Kari Stahl; Cole Staloch; Andrew Stapleton; Tyler Stark; Casey Steffel; Ashley Steffen; Braxton Steffen; Calista Steinbach; Krystyna Stucker; Abby Stunes; Gabriel Suchor; Austin Sumption; Hannah Sumption; Stas Sutura; Emily Sutherland; Ethan Swanson

T

Dustin Teune; Tara Thill; Alyssia Thompson; Thomas Thompson; Ian Thornton; Jared Tiede; Grace Tisher; DeZarae Tollefson; Kori Tschetter; Jeffrey Tuttle

V

Ashton Vaith; Stefan Van Beek; Eric Van Vleet; Tanner Van Winkle; Cody Vanden Hoek; Kenneth Vanecek; Jacques VanLeeuwen; Kendall Veenstra

W

Joseph Wagner; Tate Wagner; Tiffany Watembach; Dustin Weber; Jerret Weber; Nicholas Weber; Lesley Weinreis; Bridget Weisser; Cody Wells; Lane Wesseling; Joshua Williams; Matthew Williams; Dana Wipf; Adam Wollman; Logan Wolter; Lacey Wynia

Y

Bethany Yeaton; Baily York

Z

Tanner Zemlicka; Tanegai Zilverberg; Zane Zilverberg; Nathaniel Zirpel; Scott Zollner; Jonah Zwinger



presents the
SUB BIRTHDAY CLUB!

Stop in the Subway store at 802 N. Sanborn for a free six-inch sandwich with the purchase of a 20 oz. or larger drink during your birthday month. Must present student ID. Offer good only at Mitchell Sanborn Street location. Offer good for students and staff. One sub per person.

January

16 Chaz Beens Jordan Roth	25 Clayton Fosheim Matthew Haun Luke Hemen
17 Jordan Andrews	26 Zachary Bock Christa Kahnke
18 Zachariah Kalovsky Austin Smidt Nathaniel Zirpel	27 Alexander Davenport Daniel Hoffman Nathan Krumpus Jordan Reed Sara Rockwood Patty Sayles
19 Chandler Day Thomas Peitz Logan Rietveld Dalton Sawtell Krystyna Stucker Nicholas Weber	28 Carter Brickman Skylar Dekker Adam Johnson Roseanna Sawtell Jeremiah Wagner
20 Zach Bridgeman Jeff Bruntz Chris Degen	30 Kylee Smith Deb Giblin
21 Shawn Frey	31 Taylor Gray Lee Johnson
23 Lake Oien	
24 Seth Andersen	

Registrar Reminders

Graduating Soon?

If you haven't filled out a request to graduate form on MyMTI, please get that completed. There are options for May, August, or December 2019 completion dates.

Transfer Credit?

If you had transfer credit from a prior school, CDL, OSHA card, or CPR card with a "hands-on" component, those items should

be showing up on your advising worksheet. If you are not seeing transfer credit, and you think you should, please contact the registrar's office. If you still have items to turn in, please get those in this week so your records and billing statement can be updated.

Change of plans?

The deadline to drop a class with a refund is January 22 by 4:00 PM.

SkillsUSA Plans Game Day

If you are looking for a fun day of playing pool and darts, make plans to attend the MTI SkillsUSA Game Day Fundraiser on Saturday, January 26 beginning at 9:00 AM at the Moose Lodge in Mitchell.

There will be day-long pool and dart tournaments.

Cost to register is \$10 per player with a 50% pay back.

To register, email wiedrich344@mitchelltech.edu. Deadline to register is Thursday, January 24.

All funds raised will help the SkillsUSA team members travel to state and national leadership conferences.

For more information contact SkillsUSA advisor Jason Juhnke.

Get Prepped for Feb. Job Fair

Get ready to attend the annual MTI Job Fair Day on Thursday, February 21!

Here is what you should be doing between now and the Job Fair: Review the list of registered employers on the MTI website and begin preparing for this important event now!

- Create and/or polish your resume (employers expect resumes)
- Decide what you will wear to the event: professional for your industry!
- Research the registered companies
- Spend time preparing how you will introduce yourself to an employer

- Brainstorm your skills and strengths; why should an employer consider you?
- Prepare how you will communicate your strengths to employers.

The Center for Student Success has stocked up on resume paper and will provide 'free' sheets to students who stop in the Center for Student Success to have their resumes reviewed and printed.

Don't miss this unique opportunity – having employers here, on campus, just to talk with you, an MTI student/soon-to-be graduate!

MTI Counselor Corner Tips for Surviving Second Semester

by *Miracle Johnson*

First semester is officially over, but the college journey continues. In order to improve or maintain that GPA, we must continue pressing toward our goals of graduation and a career after college. Here are a few tips on getting through second semester of freshman year.

1. Manage Your Time Wisely

We have heard many people stress the importance of managing one's time wisely in college; however, it seems to be a constant struggle for many college students. In order to maintain a healthy lifestyle one must learn how to properly balance academics, fitness and a social life. Here are a few pointers:

- Get a daily planner and a monthly calendar
- Take advantage of time between classes
- Prioritize

2. Get a Tutor

Within the first few weeks of classes, you should realize whether or not you have a clear understanding of class material. If you feel as if you do not fully understand the material, GET A TUTOR! There are some classes in which registration spots for tutoring are limited in the first weeks, so it is important to get a tutor as soon as possible.

3. Talk to Your Professor

Go ahead and start building relationships with your professors, ideally those within your major. In the future you will be applying to internships, jobs and/or graduate schools; therefore, take a chance and speak to your professors. The misconception that professors are preoccupied with their own research is not wholly accurate. There are professors who truly care about expanding their students' knowledge. To do this, introduce yourself, sit in the front, go to office hours, talk about your interest in their class.

4. Sleep Well

The Wake Forest Sleep Center suggests that students get at least seven hours of sleep a night.

5. Eat Well

For some it's tempting to always go straight to the sweets or pizza stand in the cafeteria. Avoid consistently getting the same foods and make sure you have a balanced plate. For some, the food pyramid is not of much importance; however, try to make your plate as colorful as possible. In order to escape eating the same meals in the cafeteria, try making meals with your friends or better yet, have a cook off!

6. Workout

At this age we should get an hour of moderate exercise a day. Progress comes with persistence; therefore, you must find a way to incorporate as much exercise into your daily schedule as possible. You could go to fitness classes with friends, get a personal trainer, join intramural or club sports or create a weekly workout plan with your friends. All of these are great ways to make new friends as well!

7. Socialize

Stress does come along with the hectic college lifestyle. Socializing with friends whom have common interests as you is a great way to relieve negative stress. Nevertheless, school comes first, so choose your events wisely. Before making plans, make sure you are aware of your peers' personalities before you attend places. Stick to your gut feeling and do not do anything you do not want to do. Remember to always have a buddy system and be mindful of your surroundings. You could explore your college town or city, attend festivals or save some money and make plans to go to a restaurant, concert, bowling center, ice skating rink or movie theatre. Do not limit yourself. There is so much more to the college lifestyle beyond what's happening on campus.

– <https://www.freshu.io/miracle-johnson/7-tips-for-surviving-second-semester>